

# Registration Information

Register online at [www.ilmda.org](http://www.ilmda.org)

## Meeting Location and Parking

Oakbrook Double Tree Hotel  
1909 Spring Rd, Oak Brook, IL 60523 P: (630) 472-6000

## Hotel Rooms

Please see the booking information at [www.ilmda.org](http://www.ilmda.org)  
GROUP CODE: (866) 812-3959  
GROUP NAME/NICKNAME: IMDA OR IL MEDICAL DIRECTORS  
DATES: SEPTEMBER 22-23 2017

## Please Complete the Following:

NAME \_\_\_\_\_ CREDENTIAL(S) \_\_\_\_\_

PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

EMAIL \_\_\_\_\_

## Registration Fees:

- IMDA Physician Members: \$150
- IMDA Non-Physicians Members: \$75
- Non Member Physicians: \$200
- Non Member Non Physicians: \$100
- Fellows, Students, and Residents: Free

**Please make checks payable to:**  
Illinois Medical Directors Association

**Mail registration and payment:**  
**IMDA**  
c/o Abigail Galvin  
515 N. Dearborn Street  
Chicago, IL 60654

**Online registration and payment:**  
[www.ilmda.org](http://www.ilmda.org)

**Pharmacists looking for ACPE Credits must  
register at: [www.ascp.com](http://www.ascp.com)**

Questions? Please Contact Abigail Galvin at [IMDA@cmsdocs.org](mailto:IMDA@cmsdocs.org) or 312-670-2550 ext.326

ASCP  
ILLINOIS  
CHAPTER



CHICAGO  
MEDICAL  
SOCIETY

*The Illinois Medical Directors Association and the Illinois  
American Society of Consultant Pharmacists Chapter  
in Conjunction with the Chicago Medical Society  
Presents*

# 7th Annual Meeting & Conference

**Friday, September 22 &  
Saturday, September 23, 2017**

**OAKBROOK  
DOUBLE TREE  
HOTEL**  
1909 Spring Road,  
Oak Brook, IL 60523

IMDA would like to thank the following exhibitors for their participation at this event:  
Janssen, Lilly, Sanofi and Symbria

## Accreditation Statement

This activity has been planned and implemented in accordance with all the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Chicago Medical Society and the Illinois Medical Directors Association (IMDA). The Chicago Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

The Chicago Medical Society designates this live activity for a maximum of **8.5 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity.

The following Chicago Medical Society CME planning members involved with this activity have disclosed that they do not have any relevant financial relationships with commercial interests: Michael Hanak, MD, FAA, Eric A. Eason, MD, Arjang Khorasani, MD, Vemuri S. Murthy, MD, and Haydee Nascimento, Director of Education.

The following IMDA CME planning members

### IMDA Officers

**President**—Noel DeBacker, MD, CMD, FACP

**Vice President**—Leo Kanev, MD CMD

**Treasurer**—Victoria Braund, MD

involved with this activity have disclosed that they do not have any relevant financial relationships with commercial interests: Noel A. DeBacker, MD, Course Director, Jason Gruss, MD, Leo Kanev, MD and Victoria Braund, MD.

**ACPE Credit Statement:** This educational activity has been approved for 8.5 hours of CEU Credits.

**CMD Credit Statement:** This live activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of **2.5 management hours** and **6 clinical hours** toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the ABPLM. Each physician should claim only those hours of credit actually spent on the activity.

**CME Credit Statement:** This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for **8.5 clock hours** and **8.5 participant hours**.

**Target Audience:** Physicians, with clinical and administrative responsibilities as medical directors, PA/LTC attending physicians, nurses, advanced practitioners, administrators, and pharmacists working in long term care.

## Desired Learning Outcomes

After the meeting, the conference attendees will have gained the following:

### Attendees will be able to:

- Define the principles of antibiotic stewardship in the PA/LTC setting
- Discuss the indications for PEG placement in dementia, the short term and long term outcomes following PEG insertion in dementia, the alternatives to tube feeding, the ethical aspects and suggested discussions with care giver on outcomes prior to PEG placement
- Define the different levels of rehabilitation care for stroke survivors; Review current therapeutic treatment options for stroke patients
- Discuss the most common secondary stroke complications encountered during stroke rehabilitation
- Define the current clinical practice guidelines regarding the approach to management of Type diabetes, the varied presentations of diabetes in the old including cognition related

- Discuss the glycemic targets for individualized care in the old, the approach during transitions of care, settings and based on life expectancy
- Describe increased awareness of the incidence/prevalence and scope of osteoporosis; discuss how to diagnose osteoporosis and assess fracture risk; recognize the importance, including legal liabilities, of performing secondary workup of osteoporosis
- Explain improved knowledge about the optimal use (including dosing) of the different antiresorptive and anabolic treatment options, share improved knowledge about monitoring and duration of treatment for osteoporosis
- Discuss the impact the administration change will have on the future of healthcare reform; compare and contrast proposed future methods of physician reimbursement under MACRA; learn to develop a plan for a successful PA/LTC practice.

- Discuss sexual interests of older adults
- Identify cultural values and social attitudes (beliefs) affecting older adult sexual health; the impact of normal biological changes, disease process, and medications on older adults' sexual health
- Develop plans of care in screening, assessing, and managing an effective environment to promote the sexual health of older adults

- Discuss the effective management of hyperactive sexual behavior among cognitively impaired population
- Understand the unique needs of the aging lesbian, gay, bisexual, and transgender population

## Schedule

### FRIDAY, September 22, 2017

**6:30 - 7:00 PM Welcome Reception & Dinner**

**\*7:00 - 8:30 PM To PEG or Not to PEG: Ethical Aspects and Outcomes in Dementia**  
T.S. Dharmarajan MD, MACP, AGSF - *Vice-Chairman & Clinical Director, Montefiore Medical Center, Bronx, NY*

### SATURDAY, September 23, 2017

**7:00 - 8:00 AM Registration & Breakfast**

**\*8:00 - 9:00 AM Diabetes Mellitus in Older Adults: A Review of Current Guidelines**  
T.S. Dharmarajan MD, MACP, AGSF - *Vice-Chairman & Clinical Director, Montefiore Medical Center, Bronx, NY*

**\*9:00 - 10:15 AM Medical Management of Stroke Rehabilitation**  
Gioia M. Herring-Williams, MD - *Medical Director, Stroke Rehabilitation Program, Schwab Rehabilitation Hospital, Chicago, Illinois*

**10:15 - 10:45 AM Exhibit Break**

**\*10:45 - 12:00 PM Antibiotic Stewardship** - Nirav D. Shah, MD, JD - *Director, Illinois Department of Public Health*

**12:00 - 1:00 PM Lunch**

**\*1:00 - 2:15 PM Boning Up on Osteoporosis: Demographics, Diagnosis, Dosing, and Directions** June M McKoy, MD, JD, MBA - *Associate Professor, Northwestern, Chicago, IL*

**2:15 - 3:30 PM Sexuality and the Older Adult**

Valerie Gruss, PHD, APN, CNP-BC - *Clinical Associate Professor, UIC*  
**Track II (No CME/CMD): Overview of Fat Soluble Vitamins**  
Dr. Robin Zavod, PhD - *Midwestern University, Downers Grove, IL*

**3:30 - 4:00 PM Exhibit Break**

**4:00 - 5:00 PM Washington Update**

Alex Bardakh, MPP, PLC - *Director, Public Policy & Advocacy, AMDA*  
**Track II (No CME/CMD): Deprescribing in Geriatrics**  
Dr. Michael Koronkowski, Pharm.D - *University of Illinois, College of Pharmacy*

**5:00 PM Adjournment**

All of the faculty members listed above have disclosed that they do not have any relevant financial relationships with commercial interests. Speakers and Topics are subject to change.

\*Please Note that all educational sessions on Friday, September 22, 2017 & Saturday, September 23, 2017 prior to 2:15pm are approved for CMD/CME/ACPE